

Support Groups

NSW SUPPORT GROUPS

Sydney and Blue Mountains

Ashfield Name: VIP Ashfield Meets: First Friday of the month 10-12pm Venue: Cardinal Freeman Village Ashfield Contact: Leiane 0417 222 206

Blacktown Name: Blacktown VIP Meets: First Monday each month, 10am Venue: Blacktown Workers Club, 55 Campbell St, Blacktown Contact: Mary Shannon on 02 9677 0209

Dee Why - Manly Name: Dee Why VIP Meets: Last Friday each month 10:15am Venue: Dee Why RSL, 932 Pittwater Rd, Dee Why Contact: Maureen Eves on 02 9968 1138 or Rob 02 9918 5853

Drummoyne - Inner West Meets: Third Thursday each month, 11:30am Venue: Drummoyne Community Centre, 10 Cometrowe St, Drummoyne Contact: Katie Bowie on 02 9181 4116

Fairfield City/Parks Name: Parks VIP Meets: Second Friday of the month Venue: Greenfield Park Community Centre, 17 Greenfield Road, Greenfield Park. Contact: Wayne 02 9609 3525 or Janet 02 9609 7018

Fairfield - Liverpool Name: Fairfield Liverpool Local Client Group Meets: First Tuesday each month, except Jan, 10:30am Venue: Smithfield RSL, Neville St & Cumberland Hwy, Smithfield Contact: Ann Tribolet on 02 4621 2106

Hawkesbury (Windsor District) Name: Hawkesbury VIP Meets: First Monday each month, 10am Location: Peppercorn Place, 320 George St, Windsor Contact: Jan Hankell on 02 4572 3287

Hazelbrook Meets: Thursday mornings, monthly. 10:30am Venue: Uniting Church Hall, Cnr Rosedale Ave & Great West Hwy, Hazelbrook Contact: Kay Plummer on 02 4758 6121

Hills District (Castle Hill) Name: Hill VIP Meets: Last Wednesday each month, 10:30am Venue: Castle Hill RSL, 77 Castle Hill St, Castle Hill Contact: Bill Morton on 02 9476 0052

Lindfield Meets: First Wednesday each month, 10am Venue: Lindfield Seniors Centre, 259 Pacific Hwy, Lindfield Contact: Margaret Holland on 02 9449 1174

Mosman (Lower North Shore) Name: Mosman VIP Support Persons group Meets: First Thursday each month Location: Mosman RSL, 719 Military Rd, Mosman Contact: Karin Gardner on 02 9960 4107

Penrith Name: Penrith VIP Support Group Meets: Third Wednesday each month, 10am Venue: The Community Connections, 114-116 Henry St, Penrith Contact: Jill Huber on 02 4735 4658

Randwick - Coogee Name: Sight Impaired Group Meets: Last Wednesday each month, 10am Venue: Southern Cross Village, 39 Gregory St, South Coogee Contact: Patricia Collier on 02 9344 3893 or Betty Bonomini on 02 9311 1554

Springwood Name: Blue Mountains Support group Meets: 4th Monday each month, 10:30am Venue: Community Hall Anglican Block of Flats, Springwood Contact: Jenny Hall on 02 4754 5970

St George Area (Rockdale) Meets: Last Wednesday each month, 10:30am Location: Rockdale RSL, 45 Bay St, Rockdale Contact: Cliff Jackson on 02 9588 3620 or Ivoreen Andreopoulos on 02 9546 8449

Central Coast

Gosford Name: Gosford Walkers Meets: Saturday mornings at 8:45am Venue: In front of Central Coast Leagues Clubs Contact: Carol 02 4368 1751 or 0478 420 326 (This walking group is designed for people who are blind or have low vision)

Woy Woy Name: Woy Walkers Meets: Saturday mornings at 7.30am Location: Fisherman's



Wyong Name: Wyong VIP Peer Support Group Meets: First Monday of each month, 10:00am - 12:30pm Location: Mingara Recreational Club, Mingara Drive, Tumbi Umbi NSW 2261 Contact: Jim Guttridge on 02 4393 6368.

Hunter

Islington Name: Hunter VIP Support Group Meets: First Monday of each month, 10:30am - 1:00pm Location: St Marks Anglican Church Hall, Roslyn Avenue, Islington NSW 2296 Contact: Eric Power 02 4970 5916 or Ron Badger 02 4959 5873

Maitland Name: Maitland Vision Loss Support Group Meets: First Friday each month at 10am Location: Maitland District Leagues Club, 24 Bulwer Street, Maitland, NSW 2320 Contact: Graham Teasdale on 02 4938 5314 email graham.teasdale@bigpond.com

Morisset Name: Morisset VIP Support Group Meets: Last Tuesday of the month at 10.00am Location: Morisset Multi-Purpose Centre, Dora Street, Morisset Contact: Sandra on 02 4970 5890 or Shirley on 02 4973 1221

Port Stephens Name: Port Stephens Support Group Contact: Stephen Belbin on 02 4987 7877

Tuncurry Name: Forster VIP Peer Support Group Meets: Fourth Thursday of each month, 10:15am - 12:00pm Location: Legacy Hall, Legacy Village, Mills Parade, Tuncurry NSW 2428 Contact: Legacy Hall on 02 6555 4351

Illawarra

Corrimal Name: The Gwen Booker Centre for Visually Impaired Meets: Every Tuesday, 10am Location: Corrimal Community Centre, Short Street Corrimal NSW Contact: Tony Sarkis on 02 4284 7744 email sarkisa@bigpond.com

Kiama Name: Kiama Support Group for VIP Meets: First Wednesday of each month, 10:00am - 12:00pm Location: Kiama Bowling Club Contact: Trish Havenhand on 02 4232 2443

Nowra Name: The Visual Support Group of Nowra Meets: Last Thursday of each month, 10:00am - 12:00pm Venue: Library Meeting Room, Shoalhaven Library off Berry St Nowra Contact: Lorraine Herd 0410 059 816

Ulladulla Name: Southern Shoalhaven Vision Impaired Person Support Group Meets: Last Friday of each month, 10:30am - 12:00pm Location: Meals on Wheels office, The Meeting Room, 1/82 Vincent Street, Ulladulla Morning tea provided Contact: Julie Howe on 02 4455 2861 email ssmow@internode.on.net

Wollongong Name: Central Vision Impaired Group Meets: First Wednesday of the month, 10:00am Venue: Diggers RSL Club, Owen Room 1st Floor, 82 Church St (Corner Burelli St), Wollongong Contact: Tony Sarkis on 02 4284 7744

Mid-North Coast

Bellingen Name: Bellingen Vision Insight Group Meets: 2nd Thursday of each month, 10.30am - 12.00pm Location: Open Arms Centre, 4 Rawson Street, Bellingen Contact: Bev Watson on 02 6655 9183

Coffs Harbour Name: Coffs Harbour Vision Impaired Group Meets: First Thursday of each month, 10:00am Location: Neighbourhood Centre, Community Village, Earl Street, Coffs Harbour Contact: Lola Rosenbaum on 02 6652 4117 or Terry Coghlan 02 6658 2741

Wingham Meets: 2nd Thursday of each month, 2:00pm - 3:30pm Location: Uniting Church Hall, Farquahar Street, Wingham NSW 2429 Contact: Pauline Daffel on 02 6550 6132



Northern

Tamworth Name: Tamworth Friends of Vision Impaired Meets: Second Wednesday of each month, 10:00am - 11:30am Venue: Tamworth Community Centre, Darling Street, Tamworth NSW 2340 Contact: Jacqui Cottage at jacquicottage@yahoo.com or 02 6767 1155

South Eastern

Canberra Name: Canberra Blind Society Meets: Office Hours Monday to Friday, 10:00am - 4:00pm Venue: Room G06 Griffin Centre, Genge Street, Canberra City ACT 2600 Contact: Debra Quinell on 02 6247 4580

Moruya Name: Moruya/Eurobodalla VIP Peer Support Group Meets: Last Wednesday of each month except December, 11:00am - 1:00pm Venue: Moruya Bowling Club, Shore Street, Moruya NSW 2537 Contact: Sid Kosky on 02 4476 8500

Murrumbidgee

No group has been nominated for this area. To nominate your group please contact the web administrator at: webmaster@visionaustralia.org.

Murray

Mildura Name: Macular Support Group Meets: First Monday of the month at 10.00am Location: Shevill House, 131 Deakin Avenue, Mildura Contact: Jenny Gibbons (Vision Australia) on 03 5023 5495.

Richmond – Tweed

Lismore Meets: First Tuesday of each month, 1:30pm - 3:00pm Location: Lismore Workers Club, 225-231 Keen Street, Lismore NSW 2480 Contact: Anne Holdsworth 02 6629 3147

Casino Name: Casino VIP Support Group Meets: First Monday each month 10am Venue: at the Baptist Church Hall. Contact: Denise Green or Mark Moran via email or Phone 0448014682

Ballina Name: Sight Support Group Meets: Fourth Monday of the month 10am - 12noon Location: Community Hall, St Andrews Village, Cherry St Ballina NSW 2478 Contact: Judy Thomas 02 6686 3483 (or 0429 834 395) or Nancy 02 6686 3423

Murwillumbah Meets: First Wednesday of each month, 11:00am - 2:00pm Location: "The Undercroft", Uniting Church, 2 Byangum Road, Murwillumbah NSW 2484 Contact: Christine (Chris) Johnstone on 02 6679 1589

North Western

No group has been nominated for this area. To nominate your group please contact the website administrator at: webmaster@visionaustralia.org.

Central West

Bathurst Name: Bathurst VIP Support Group Meets: First Tuesday of each month, 10:30am - 12:30pm Venue: Bathurst Seymore Center Contact: Anne Beswick

Mittagong Name: NSW Southern Highlands VIP Support Group Meets: Fourth Tuesday each month, 10:30am - 12:00pm. Every second or third month for lunch 11:45am. Venue: Mittagong RSL Corner Bessemer St and Hume Hwy, Mittagong Contact: Brian & Shayne Greenfield on 0407 404 778 email bsgreenfield@tadaust.org.au

Mudgee Name: Mudgee VIP Meets: Second Wednesday of each month, 10:00am - 12:00pm Venue: Mudgee Employment Centre, 5 Town Hall Arcade, Medgee Contact: Mary Lovett on 02 6373 1293

Springwood Name: Blue Mountains Support Group Meets: Fourth Monday each month, 10:30am - 12:00pm Location: Community Hall, Anglican Block of Flats, McQuarry road, Springwood Contact: Jenny Hall on 02 4754 5970



Far West

Broken Hill Name: Broken Hill VIP Peer Support Group Meets: First Monday in March and



Southern Highlands

Mittagong Name: Southern Highlands Vision Impaired Group Meets: Fourth Tuesday of each month 10.30 – 12.00 noon Location: Mittagong RSL, Corner of Bessemer Street and Hume Highway, Mittagong, NSW Contact: Barry Bennetts on (02) 4868 2552

Specialty/Other peer support groups

Barrier Breakers Social Group Planning Meeting Objectives: Outings, picnics, BBQs, ferry trips, bus trips, etc. Meets: First Saturday of each month, 10:00am - 12:00pm Contact: Diane Randall on 02 9818 7819

Blepharospasm NSW Support Group Contact: Stephen Bradley on 0408 232 338

Blinded Soldiers Association Location: 445 Pacific Highway, Lindfield NSW 2070 Contact: David Curtain on 02 9416 2975

Colour Blind Awareness and Support Group Website:

www.members.optusnet.com.au/~doverton Email: colourblind@optusnet.com.au Phone: 02 9688 2216

Glaucoma Australia Location: Level 2, 20 Clarke Street, Crows Nest NSW 2065 Contact: Beverley Lindsell on 1800 500 880

Jewish Seniors VIP Peer Support Group Meets: Every Monday morning Location: Parent Home, Princess Street, Rose Bay NSW 2029 Contact: Lily Skurnik on 02 9371 8336

Macular Degeneration Foundation Location: Suite 302, Level 3, 447 Kent Street, Sydney NSW 2000 Phone: Helpline 1800 111 709

Spanish Speaking - Ojos Latinos (Latin Eyes) Meets: 3rd Friday of each month, 11:00am - 2:00pm Location: St Peters Town Hall, Cnr Unwins Bridge Road & Swain Street, Sydenham NSW 2044 Contact: Virginia Abolos on 02 9550 4637

Guide Dogs NSW/ACT

2-4 Thomas St, Chatswood NSW 2067

PO Box 1965, North Sydney NSW 2059

ABN 52 000 399 744

Telephone: (02) 9412 9300

Fax: (02) 9412 9388

www.guidedogs.com.au